

The Magic of Chlorophyll

“When you are green inside, you are clean inside.”

Usually anything that is green in nature's plant kingdom is most always very high in iron. Any food high in iron is always good for the liver.

Greens are used naturally by the animals, in the spring of the year, for cleansing purposes and for health purposes. This is the food that brings on the new fur and the new pelts of animals. Whenever an animal is sick, and especially has been noticed with dogs and cats, it turns to the green grasses. Anyone ailing should think of greens in the diet.

Pigs and hogs have been cleaned out of hospital pens, in an amazingly short time, by the use of alfalfa in their diet – runts, the scrubby and the young pigs, that got a bad start in life, picked up beautifully – rats, that were tried out using the regular diet – swimming until they were tired, drowned from fatigue, in about 15 minutes – the ones, that had chlorophyll added to their diet, were able to swim without drowning for over 1 hour.

Upon arising in the morning---1 teaspoonful in a glass of water, ½ hour before breakfast---helps to start the day with a good clean stomach---and helps to neutralize any residue of foods, that may have deposited throughout the night.

Let there be light and many things will come to pass. The affinity provided by Nature for sunlight and the plant life is one of life's great boons, for this alone is responsible for the life-giving and life-saving substance, the green coloring matter of plants. Green plants alone know how to make use of the sunlight and pass it on to man and animal.

Chlorophyll supports our internal chemistry, by being a builder as well as being a healing agent and a protection against infection, catarrhal conditions and acid balance.

Chlorophyll Cocktail---Blood Builder
1 teaspoonful in a glass of Cherry juice
with egg yolk in it.

Intestinal Cleanser
1 teaspoonful in a glass of water with
1 tablespoonful whey in it. Use daily
2 months.

Can be used as directed on label.

Chlorophyll has a striking similarity to the hemoglobin---the red pigment of man's blood, in that all of its component parts are the same as those of hemoglobin, except that chlorophyll possesses magnesium as compared with the iron in hemoglobin.

The most interesting results are reported as to using chlorophyll in the treatment of sinus infections and head colds. In this field the results are considered outstanding. The variety of conditions in which favorable results were reported are too numerous to list, but it seems almost universal.

We have stressed the importance of green leafy vegetables in our diet. We have stressed the importance of preserving as much of the greenness of our food when cooked, as far as possible by “waterless” means, rather than disintegrating the chlorophyll and pouring it into the drain with “cooking water”.

We too, must stress the importance of thorough mastication of leafy vegetables, to break up the cellulose and release the cell contents of the vegetables, since little, if any, breaking up of cellulose goes on in the digestive tract. Hence, too, the recommendations in favor of liquified vegetables to supplement those eaten, although a sufficient amount must be eaten to provide adequate bulk.

As an aid for normal repair, and for relief from itching and discomfort of minor wounds, burns, cuts, abrasions, and other skin irritations, ulcerated varicose veins---apply full strength to affected areas---continuous wet dressing. Can be diluted and used for simple irritation of nasal passages and as a mouth wash---bleeding gums and tightening gums.

Suggested uses:

1 teaspoonful in a glass of water two or three times a day---can be used instead of Raw Vegetable Juices, for its Vitamins and Mineral values.

One half to 1 teaspoonful in any fruit juice drink, or punch drink, will fortify drink with additional vitamins and minerals.

The finest in Chlorophyll is the the Soluble magnesium type with Peppermint Flavor.

We do not recommend the Chlorophyll that is made with copper.